



Mattresses Natural Beds

Serving all of San Diego, Carlsbad, Encinitas ,Del Mar, Solana Beach ,Rancho Santa Fe, Sleep Organic natural latex Mattresses Certified chemically safe .Oceanside ,vista ,san marcos , San Diego California.

We specialize in 100% all natural latex / individual pocketed coil spring mattresses and Organic bedding for babies, kids and adults.

We feel our mattresses are the finest available. Mark considers himself as a back care expert has been in the mattress industry for 20 years selling many types of beds that are good for your back . He has finally found the best bed for your back and your health. Contact Mark to get educated on all mattresses, toppers and foundations.

There is no reason to buy a traditional standard mattress these days. Our Mattresses are affordable and a lot less expensive then a lot of premium mattresses. Please Call me or email me to answer more questions you might have. Please come on in 1-6 Mon-Fri or 10-3 Sat or call me to set a appointment for your one on one visit in the showroom, that way i can give you all my attention without juggling more than one customer. Financing is available as well.

Should You Ditch Your Chemical Mattress

Gordon Studersusan greenfield and her girlfriend Llina Kempner couldn't wait for their new memory-foam mattress to arrive. For months, they'd heard friends rave about how the high-tech material molds itself to your body. But when they unwrapped the three-inch-thick pad in their Manhattan apartment, they noticed a strong, acrid odor. "My nose and my lungs were miserable," recalls Greenfield. For the two nights Kempner slept on the mattress top, she

felt nauseated. After Greenfield, who is chemically sensitive, had an asthma attack in the middle of the night, the couple returned the mattress pad. But its stench lingered in the apartment for weeks. Like Greenfield's are relatively rare, but you, too, might lose some sleep when you find out what's really inside your mattress—memory foam or not. The place where you spend one-third of your life is chock-full of synthetic materials, some potentially toxic. Since the mid- to late '60s, most mattresses have been made of polyurethane foam, a petroleum-based material that emits volatile organic compounds that can cause respiratory problems and skin irritation. Formaldehyde, which is used to make one of the adhesives that hold mattresses together, has been linked to asthma, allergies, and lung, nose, and throat cancers. And then there are cotton pesticides and flame-retardant chemicals, which can cause cancer and nervous-system disorders. In 2005, Walter Bader, owner of the "green mattress" company Lifekind and author of the book *Toxic Bedrooms*, sent several mattresses to an Atlanta-based lab. A memory-foam model was found to emit 61 chemicals, including the carcinogens benzene and naphthalene.

Sleeping With Danger

Another strong story: "It sometimes is the only thing that will eradicate roaches from a building," explains retired Cincinnati Fire Chief Bill Kramer, now University of Cincinnati fire science professor. "It would not be something I would use as a first choice to create a flame retardant for a mattress." He fears the flame-retardant chemicals in new mattresses could do more harm than good. "In their zeal to protect us from ourselves, some of these government agencies can go too far," Kramer said. "Sometimes, the cure they come up with is worse than the malady it's designed to correct." In truth, no one knows the long term effects of sleeping every night a fraction of an inch from boric acid, antimony and other toxic flame retardants, and that unknown is what worries fire science professor Bill Kramer. "I was a Marine Corps officer during the Vietnam era," Kramer said. "And it took us many decades to realize the effects of Agent Orange. I would certainly not like to see something like that transpire here." "It's proven you're going to absorb a daily dose that's twenty-seven times the EPA says is safe.

This Is What Consumers Dont Know...

Manufacturers, and consumers with no labeling information, must choose from one of four basic chemical systems under the ticking to meet law: 1)

Boric Acid with Antimony. 2) Polyester with Antimony. 3) Fiberglass with Antimony. 4) Melamine with Formaldehyde. All four systems contain chemicals linked to cancer. Antimony causes heart muscle damage, and can cause the heart to beat irregularly or stop, and a single dermal application has killed rabbits. Europe has proven Antimony leaches from mattresses and it has been found in livers of dissected human infants. Quoting the Washington Post: "Serta, the second-largest U.S. manufacturer, has been using a fire-blocking system on all its products since January [2005] that uses a blend of natural and synthetic fibers as well as chemicals. ..." "There is an infinitesimal level of boric acid available on the surface of mattresses," he [Serta] said." We strongly disagree with the amount and safety of Boric Acid in mattresses. Our government says Boric Acid leaches from mattresses. There can be over one million milligrams of water soluble Boric Acid as loose dust in the surface of a mattress. As the oils in the cotton batting dry out over time much more Boric Acid will be released to kick up into our faces to breathe and absorb by our bodies. Boric Acid is poison, is used as Roach Killer, and the CPSC calls it 'acutely toxic.' There are 6,463 cases of Boric Acid poisoning in the US each year. We have found at least one case where an 11-year old child with chronic skin rash appears to be poisoned by boric acid in a mattress. In addition to Inhalation, skin, and damaged skin absorption, it appears children could be poisoned by sucking on a mattress.

For more information please visit our website

<http://www.sleeporganic.net>